



Wing and Foam Body Cutters  
*For the Art of Fly Tying*

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### **Tying Tomsu's Supreme Hopper™**

- 1) Cut out one River Foam® wing of the appropriate size, two rear hopper legs from 1mm foam, and two hopper bodies (one for each half of the finished body) from 2mm foam.
- 2) Place a needle in your tying vise and start the thread about ¼ inch from the point. Hold the two hopper body halves on either side of the needle with the thread extending up between the bodies at the tail end. Take three wraps around the first 1/16<sup>th</sup> of the tail.
- 3) Open the bodies and take one turn around the needle only to advance the thread forward. Bring the thread up between the body halves again and take three wraps around the body, forming the second 1/16<sup>th</sup> inch wide abdominal segment. Each successive segment should be slightly tall than the last.
- 4) Open the bodies and take one turn around the needle only, to advance the thread forward. Continue the same process until you have formed six evenly-spaced abdominal segments.
- 5) Make a whip finish at the end of the sixth segment and carefully slide the body off the needle.
- 6) Remove the needle and place a hook in the vise. Start your thread behind the hook eye and wrap the thread to the rear, just onto the bend of the hook. Place a very small drop of Super Glue Gel at the end of the thread wraps and place the body over the shank, bring the thread up between the two halves, and take three wraps around the body. Open the bodies and take one wrap around the hook shank only to advance the thread forward. Repeat this process to complete the eighth abdominal segment.
- 7) Tie in one rear hopper leg on each side of the body at the point you completed the eighth segment. Trim the excess from the front of the legs.
- 8) Open the bodies and take one turn around the hook shank to advance the thread forward. Form the ninth segment.
- 9) Tie in the wing at the point you completed the ninth segment. Trim the excess from the front of the wing.
- 10) Tie in one rubber leg on each side of the body at this same point, Madam X –style.
- 11) Bring the thread up between the halves of the body and advance the thread forward until you are about 1 ½ eye lengths behind the eye.
- 12) Place a small amount of Super Glue Gel on the hook shank and inside each half of the head area. Pinch the body closed with your fingers and hold a few seconds until the glue is set.
- 13) Take several wraps around the body immediately behind the head and whip finish. Cut the thread.
- 14) If desired, the wing can be glued down to the top of the abdomen using rubber cement. This will keep the wing from flaring unnecessarily, making for a more realistic hopper imitation.
- 15) A spade-shaped pronotum is cut from 0.5 mm foam (our individual size, four cutter sets include a cutter to do this). The pronotum should extend from the head to just over the point where the wing was tied in and downward to just above the tie-in point for the rubber legs. Attach the pronotum using a small amount of Super Glue Gel.
- 16) Color the body using permanent markers as desired. Use a fine point black marker to make half-moon shaped eyes (flat edge forward) on each side of the eyes.
- 17) For more realism, two short antennae can be pulled through the head using micro-fine rubber legs threaded through a needle. A very small amount of Super Glue Gel is added to the rubber just extending from the throat. Gently pull the rubber back through until the glue “catches” inside the foam. Cut off the excess rubber under the throat.